



## The Son and Reins Ranch

June 2024

As our sessions go into full swing again, we thought it would be a good time to remind you - our friends, prayer and financial supporters, ministry partners, and encouragers - what we do and how / why it works...

We use Equine-Assisted Learning (EAL) activities to help our participants **self-identify** challenges, emotional triggers, unhealthy thought and behavioral patterns, lies they've been believing and truths to replace those lies... and, ultimately, what's at the root of the deeper issues and wounds in their lives.

**How does this happen?** Well, we invite you to come, step out into the pasture, and find out for yourselves!

**This summer and fall we will be hosting "mock sessions" where you can come and observe, AND, even better, participate in a group EAL!**

*Keep scrolling for more details, and*  
**SAVE THE DATE:**

*Saturday the 6th of July!*

We guarantee it will be a unique, positive, perspective-changing experience! EAL is based on analogies that have personal, direct life-applications. **Each EAL activity happens in real-time, engages all your senses, and often brings about immediate results.** It is very different from traditional talk therapy in that rather than depending on words, EAL works with real emotions that are felt in the moment.

**Why horses?** Horses have a powerful affect on people because their natural, instinctive behavior as prey and herd animals guarantees their authentic, honest and immediate feedback to all their surroundings, *including us!* And, unlike with people, where we often either hide behind various 'masks' or go on the defensive because we fear we'll be judged, rejected or misunderstood, we know that's not the case with a horse. As prey and herd animals, horses desire peace and unity as much as we do, and they know that for **genuine** peace and unity to be possible - for us and for them, we must be fully present, and truly be ourselves, without judgement or condemnation. And THIS allows for genuine healing!

One of my favorite songs is "Known" by Torin Wells. If you haven't heard it, I highly recommend listening to it. Here's a glimpse of some of the powerful lyrics:

*It's so unusual, it's frightening  
You see right through the mess inside me  
And you call me out to pull me in  
You tell me I can start again  
And I don't need to keep on hiding  
... I'm fully known and loved by You  
You won't let go no matter what I do...*

*This song is about GOD fully knowing and loving us, and yet it's also strangely true of his magnificent creature: the horse!*

*Our sessions offer BOTH, the horse AND the Holy Spirit as the Unseen Facilitator, so it's no wonder that so many people walk away from their sessions forever changed and set free.*

### Prayer Gathering

Our annual Prayer Gathering was a very special time of testimonies, live worship music, corporate and individual prayer, and treats! Thank you to all who weren't able to join us but were still with us in prayer! If you'd like a copy of the Prayers and Praises handout sent to you, please let Sharron know!



Our **VOLUNTEER TRAINING** was a huge success, and from all accounts and with no surprise, Rhonda and Sue did a **GREAT** job leading it for me (Sharron)! Thank you to both of them! And thank You, God, for raising up such wonderful leaders and an amazing team!

We're so excited and thankful for the returning volunteers and for the new volunteers! Our team is now up to 16 people doing direct ministry sessions!

**PLEASE NOTE:** We have a wonderful married couple who are trained and certified in EAL and have a heart for working with other couples! So if you're interested, please know they are available to lead couples sessions this summer!



The cubby is used for so many things....keep scrolling down to see the other ways it's been used these past weeks!



Our volunteers are made of the right stuff.... they were fine standing in manure and facing a horse's butt lol!

### Upcoming Events:

(click the blue button below to RSVP or to request more information about any of the following)

**MOCK Session Event, Saturday 6 July, 1230-3pm.**

Come and observe, **OR, better yet, participate in a group EAL session to get a firsthand experience and understanding of what we do, how it works and how God uses it!** It's guaranteed to be a fun, eye opening and memorable experience!

We'll be enjoying snowcones afterwards!

Please **RSVP** for this event by the 3rd of July!

**Saturday the 13th of July** will be our next **Women's Fellowship.**

**PLEASE NOTE:** Instead of 1-3pm, we'll be gathering from 2-4pm through the summer and fall -- still always on the 2nd Saturday of the month. Please **RSVP**, and again, friends and family are more than welcome!

[Contact Sharron](#)