



May 2025

A SPECIAL APPEAL....

FOR BOAZ

Meaning of the name:

Boaz is a major figure in the Bible in the book of Ruth. (chapters 2, 3 and 4)

He is known to be a foreshadow of Jesus as a kinsman-redeemer, or one who redeems, rescues, provides for, protects and accepts as his own. Put simply, Boaz is an example of Jesus, and Jesus is the true and ultimate Boaz.

This letter is about our horse named Boaz!

His original name was Warden. When we rescued him and he joined our ministry herd in 2012, we changed his name to Boaz. He had a new purpose, and his name change reflected that. A warden is commonly thought of as one who enforces the rules in a prison and who tends to be motivated by a sense of duty or responsibility, whereas a redeemer is thought of as one who is motivated by a desire to help others be renewed and set free!

Boaz has impacted countless people over the past 13 years! Here are just 3 examples....

God used Boaz in a number of ways to heal my heart from fear and misunderstanding men. In the Ground Tie exercise, I realized I had several false narratives and beliefs about men that I played out in my life. As I circled Boaz time and again, spiraling ever farther away from him, I realized I had been "pushing boundaries" with men to fulfill the belief that "men cannot control themselves". And that coming in to praise Boaz after he had not followed a command (expressed desire) caused him confusion. Amid the self-created chaos, I finally began to understand that I was giving mixed signals. I realized the false narratives I had been playing out had become self-fulfilling prophecies. It was during that session that the blockage to being open to a relationship was finally dislodged. In the following session, there was a tender moment when I was trying to put something on Boaz's head that he lowered his head and allowed me to place on him, a hat. He didn't have to, but it helped me to see that there are men who will meet me where I am and even work with me to accomplish a task. Little did I know that Boaz would pave the way for my own personal "Boaz" named Jason, who is an answer to prayer and evidence of redemption.

~Lou Ann

Boaz is not a Kentucky Derby racehorse, and his hair isn't perfect. But he is God's choice for equine therapy, and that horse has made a difference in so many lives! When we get in touch with the purpose God has for us, we will not bemoan the fact that we are not like somebody else. He will take what we have, breathe on it, and use us for His Kingdom.

~Karen



Boaz has profoundly impacted my life. One session, in particular, remains etched in my memory. I was tasked with controlling his access to grain, only allowing him to eat when I permitted. This simple exercise became a powerful struggle, mirroring my difficulty in setting boundaries, trusting my voice, and standing firm against manipulative personalities. Tears welled up as I repeatedly failed, each instance echoing past experiences where my boundaries were disregarded. However, by the session's end, I achieved a breakthrough. I successfully communicated my terms to Boaz, dictating when he could approach the grain. This success went beyond that session, empowering me to establish boundaries with individuals who had previously challenged them. Now, when faced with boundary violations, I recall that session with Boaz. His lesson provides me with courage, reminding me of the strength and peace found in self-advocacy. In that single session, Boaz imparted more wisdom than any other. It's clear to me that horses, under God's guidance, are powerful agents of personal growth.

~Susan

GIVING BACK TO BOAZ....

As he approaches 28 years old, Boaz is missing teeth, and his remaining teeth are not what they once were. This means that he does not get the nutrients he needs just by eating hay. We need to give him special supplements, fat builders, and hay cubes that need to be soaked. On top of this, Boaz has Cushing's, which is a hormonal disorder common in older horses, caused by the overproduction of certain pituitary hormones and leading to a range of symptoms. He gets daily medication to treat this disease.

Boaz has given 100% in every session over the years, impacting countless people, and now he needs our help.

His special needs cost an additional \$325/month. If you'd like to help with Boaz's care, please make an extra donation today! Every dollar helps!!

DONATE TODAY